WHAT IS CLAIMED IS:

- 1. A regime or regimen for loosening/slackening and/or relaxing cutaneous and/or subcutaneous human skin tissue, comprising administering to a candidate subject in need of such treatment, a thus-effective amount of at least one inhibitor of at least one calcium channel.
- The regime or regimen as defined by Claim 1,
 for treating, curatively and/or preventively, skin wrinkles and fine lines.
 - 3. The regime or regimen as defined by Claim 2, for reducing skin wrinkles and fine lines.

4. The regime or regimen as defined by Claim 1, for smoothing the skin.

- The regime or regimen as defined by Claim 1,
 comprising muscular decontraction or relaxation.
 - 6. The regime or regimen as defined by Claim 1, for attenuating and/or eliminating the microrelief of the skin.

7. The regime or regimen as defined by Claim 1, comprising topically applying said effective amount of at least one inhibitor of at least one calcium channel onto the skin of said candidate subject in need of such

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- 8. The regime or regimen as defined by Claim 1, said at least one inhibitor of at least one calcium channel comprising an agent active on the plasma membrane, a calcium-influx inhibitor, a calcium-complexing agent, or an agent active inside the cell, which have an effect on the release of intracellular calcium reserves or an inhibition of the formation of the calcium/calmodulin complex.
- 9. The regime or regimen as defined by Claim 8, said at least one inhibitor of at least one calcium channel comprising a phenylalkylamine, a dihydropyridine, a benzothiazepine, or a diphenylpiperazine.
- 10. The regime or regimen as defined by Claim 9, said at least one inhibitor of at least one calcium channel comprising verapamil, anipamil, gallopamil, devapamil, falipamil, tiapamil, nifedipine, amlodipine, dazodipine, felodipine, isradipine, lanicardipine, nimodipine, nisoldipine, nitrendipine, ryosidine, Diltiazem, cinnarizine, or flunarizine.
- 11. The regime or regimen as defined by Claim 10, said at least one inhibitor of at least one calcium channel comprising verapamil.

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- 12. The regime or regimen as defined by Claim 8, said at least one inhibitor of at least one calcium channel comprising an agent active on the sarcoplasmic reticulum, a calmodulin antagonist, a naphthalene compound, or a dopamine antagonist.
- 13. The regime or regimen as defined by Claim 12, said at least one inhibitor of at least one calcium channel comprising dantrolene, TMB-8, phenothiazine, trifluoperazine, chlorpromazine, dibucaine, pimozide, haloperidol, or calmidazolium.
- 14. The regime or regimen as defined by Claim 1, comprising subcutaneously and/or intradermally injecting said at least one calcium channel.
- 15. A topically applicable cosmetic skincare, makeup or artificial tanning composition comprising an effective skin loosening/slackening and/or relaxing amount of at least one inhibitor of at least one calcium channel, formulated into a skin-compatible, topically applicable and cosmetically acceptable vehicle, diluent or carrier therefor.
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 16. The topically applicable cosmetic composition as defined in Claim 15, further comprising a hydrophilic or lipophilic gelling agent, a preservative, an antioxidant, a solvent, a fragrance, a filler, a sunscreen, a colorant, a hydrophilic or lipophilic

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active agent, or combination thereof.

- 17. The topically applicable cosmetic composition as defined by Claim 15, comprising a solution, gel, cream, lotion, ointment, serum, emulsion, aerosol, milk, or vesicular dispersion.
- 18. The topically applicable cosmetic composition as defined by Claim 15, further comprising a keratolytic active agent.
- 19. The topically applicable cosmetic composition as defined by Claim 18, further comprising an α or β -hydroxy acid and/or a retinoid.

20. The topically applicable cosmetic composition as defined by Claim 15, comprising from 0.0001% to 10% by weight of said at least one inhibitor of at least one calcium channel.

- 21. The topically applicable cosmetic composition as defined by Claim 20, comprising from 0.001% to 5% by weight of said at least one inhibitor of at least one calcium channel.
- 22. A cosmetic composition suited for loosening/slackening and/or relaxing cutaneous and/or subcutaneous human skin tissue, comprising a thuseffective amount of at least one inhibitor of at least

one calcium channel, formulated together with an effective amount of at least one keratolytic active agent.

5 23. The cosmetic composition as defined by Claim 22, said at least one keratolytic active agent comprising an α -hydroxy acid, β -hydroxy acid and/or retinoid.